Fatigue Management

Application for work and rest hours exemption (permit)

HVNL POST-AUG 2026

NHVR

General information

This form is for persons applying for a work and rest hours exemption (permit) under Part 2A section 9 of the Heavy Vehicle (Fatigue Management) National Regulation (HV(FM)NR). The Regulator's power to grant this permit is established under section 273 of the Heavy Vehicle National Law (HVNL).

For further information on fatigue management options including Alternative Compliance Accreditation – Fatigue (ACA–Fatigue) visit www.nhvr.gov.au

Who can apply

Section 9(1) states that only the following persons may apply for a work and rest hours exemption (permit):)

- an employer of a driver of a fatigue-regulated heavy vehicle
- a prime contractor for a driver of a fatigue-regulated heavy vehicle
- an operator of a fatigue-regulated heavy vehicle
- a self-employed driver of a fatigue-regulated heavy vehicle

Before you begin

- Examine the Alternative Compliance Hours (ACH) under Alternative Compliance Accreditation-Fatigue (ACA–Fatigue) that may be suitable for your work and rest requirements – an exemption (permit) may not be necessary.
- Determine the specific work and rest hours and conditions you are seeking under the exemption including the proposed start and end dates.
- Identify all drivers or the class of drivers who will be covered by this permit.
- Develop a safety case detailing your proposed alternative fatigue management practices including a risk assessment, mitigation, and contingency plans.
- If the hours you are seeking could be accommodated within ACH hours, BFM or AFM you will need to explain why the accreditation would be unreasonable for your operations.

Form checklist

- [ ] Application form completed and signed
- [ ] Period of exemption stated
- [ ] Drivers identified – named individuals or class of drivers identified
- [ ] Proposed maximum work and minimum rest hour schedules stated
- [ ] Conditions sought clearly stated
- [ ] Safety case outlining fatigue management practices

Operator (applicant) details

Applicant type – select one of the following:

- ☐ Employer of a driver
- ☐ Prime contractor for a driver
- ☐ Operator of a heavy vehicle
- ☐ Self-employed driver

Applicant's Name (company name or individual)

Driver's licence number (for individual/self-employed driver applicants)

Trading as name (if applicable)

Australian Company Number (ACN; not for individuals)

Registered company address (or business address for individuals)

State Postcode

Primary physical operating address

State Postcode

Operator postal address

State Postcode

Business phone number Mobile phone number

Email address

Preferred method of contact (select one)

☐ Email ☐ Phone ☐ Mobile ☐ Post

Work and rest hours exemption (permit) details

Period of exemption sought

☐ 1 year ☐ 2 years ☐ 3 years ☐ Other

From To

Drivers to be covered by this permit

Select one of the following:

- ☐ Named individual drivers (complete the table below)
- ☐ A class of drivers (describe the class below)

Named driver(s)

(List the full name of each driver to be covered by this permit)

Class of drivers

(If applicable – describe the class of drivers to whom the exemption is going to apply e.g. all ACA–Fatigue accredited drivers employed by the applicant)

Proposed maximum work times and minimum rest times

State clearly the specific work and rest hours you are proposing under this permit. Attach additional documents if required.

Proposed maximum work times

Proposed minimum work times

Note: As stipulated in the Ministerial Standard for Alternative Compliance Hours, the Regulator cannot approve work hours greater than 15.5 hours, or rest hours less than 7 hours, in a 24–hour counting period. If approved, all work and rest exemption (permits) will be within these legal limits.

Conditions sought

State any specific conditions you are seeking to have applied to this permit, including any driver fatigue management practices or record-keeping requirements. If not applicable, state 'None'.

Conditions sought

ACA–Fatigue

If the proposed maximum work times and minimum rest times could be accommodated within ACA–Fatigue, the application must also state how the requirements applying to ACA–Fatigue, would be unreasonable for the operations conducted by the applicant.

Explain why the requirements applying to ACA–Fatigue accreditation under the HVNL would be unreasonable for the applicant.

Other relevant information

Provide any other information that may be relevant to the Regulator's decision to grant this permit.

Other details

Operator (applicant) declaration

I confirm that I have read and understand the conditions applicable to national heavy vehicle work and rest hours exemption (permit) as outlined in the HV(FM)NR and HV(G)NR. I hereby declare that all details provided in this application are true and correct. Giving false or misleading information is a serious offence under the Heavy Vehicle National Law (HVNL). Penalties apply.

I declare that the relevant fatigue management practices are in place to ensure compliance with the HVNL and Fatigue Regulations.

Applicant's name

Title / position

Signature

Date signed

If providing an electronic signature please consent to the following:

☐ I accept the electronic signature has the same status as a signed signature.

Privacy Statement

The NHVR is collecting your personal information to establish a work and rest hour exemption permit under Chapter 6 of the *Heavy Vehicle National Law Act 2012*. If you do not provide us with the requested information we will be unable to process your application.

We are authorised under this Act to collect information we reasonably require to deal with this application. We may also use the information for related purposes such as updating your contact details.

We may disclose information contained in your application for the purposes set out in Chapter 2 section 9 of the HV(FM)NR of the Act to an entity (including a private or public sector entity) identified in that section. This can include disclosure to an authorised employee or agent of the entity.

We may disclose the information to a law enforcement agency, including a service provider authorised to enforce the Heavy Vehicle National Law nationally. A police agency may disclose the information disclosed to or otherwise held by it to another police agency authorised to hold the information.

We will handle your personal information in accordance with the Queensland Privacy Principles of the *Information Privacy Act 2009* (Qld) and will not otherwise use or disclose your personal information unless authorised or required by law.

Our privacy policy explains how you can contact us, how to request access or amendment of information we hold, how to make a privacy complaint, and how we deal with privacy complaints.

Contact Details

Submit completed applications and supporting documentation by email, mail or fax as listed below:

Email fatigue.management@nhvr.gov.au
Post NHVR, PO Box 492, Fortitude Valley QLD 4006
Phone 13 NHVR (13 64 87)
Fax (07) 3309 8777