

Fatigue Choices for work and rest hour flexibility **(<https://www.nhvr.gov.au/news/2020/11/15/fatigue-choices-for-work-and-rest-hour-flexibility>)**

15-11-2020



Flexibility for drivers with work and rest limits is within reach of many operators, according to the NHVR.

NHVR CEO Sal Petrocchio said the release of the final two booklets in the Advanced Fatigue Management (AFM) series and two Fatigue Choices webinars would assist operators to make the most of existing fatigue laws.

“Applying for AFM should not have to be a difficult process. The NHVR will continue to work with industry to streamline this process to ensure the focus is on improving safety measures,” Mr Petrocchio said.

“NHVR will host two webinars this week, as part of 2020 National Road Safety Week with operators across Australia able to hear about the work and rest hour options available.

“Fatigue Choices is about helping drivers and operators to understand and gain access to the flexibility that is available.”

The NHVR has released four AFM booklets – including an *Advanced Fatigue Management Workbook* – to assist operators to breakdown the components of an AFM application.

Mr Petrocchio said the NHVR would focus on fatigue during 2020 National Road Safety Week, which runs from November 15-22.

“Fatigue and distraction are two of the biggest safety challenges for heavy vehicle drivers and operators,” he said.

“You can get involved by keeping an eye on our social media channels, provide feedback to our team at a roadside information day, or join one of our fatigue webinars.

“Let’s talk fatigue and help saves lives this National Road Safety Week.”

Fatigue Choices Webinar: Fatigue flexibility made easy

A must for all transport operators and owner drivers

When: Tuesday 17 November

Fatigue Choices Webinar: What's next in fatigue management?

A must for safety professionals, safety consultants, and transport operators

When: Thursday 19 November

Register: www.nhvr.gov.au/fatigue (<https://www.nhvr.gov.au/fatigue>)

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